



**National  
Coaching  
Certification  
Program**



## Sport: Water Polo

Context: Community Sport- Initiation  
 Program Title: Water Polo Community Sport- Initiation  
 Participant age group: 6-12 and Active for Life Estimated number of participants: 5,000  
 Age range of coaches: 16+ Estimated number of coaches: 500  
 Date of conditional approval: August 2009  
 Official launch date (both official languages): October 2009

### Outcomes trained and evaluated:

Outcome	Trained	Evaluated
Make Ethical Decisions	T	N/A
Plan a Practice	T	N/A
Support to Athletes in Training	T	N/A
Analyze Performance	T	N/A
Design a Sport Program	N/A	N/A
Support the Competitive Experience	T	N/A
Manage a Sport Program	N/A	N/A
**Sport-specific outcomes	N/A	N/A

Which multi-sport modules will the coaches access through the provincial/territorial delivery system?

**This is a fully  
integrated program**

### Training Description:

- Workshop description 10 hours (including MED sessions). Multi-sport content is integrated with water polo technical and tactical information
- Assessment activities: are based on LF, self and peer feedback during class and pool sessions
- Innovative approach: the sessions will include practical application of the theory materials with athletes in the pool setting

### Evaluation Description:

- There will be no evaluation component

### Learning Facilitator Training:

- Training process: a 9 hour Learning Facilitator workshop will be conducted by each PSO based on demand
- National implementation: Water Polo Canada sets the guidelines and MLF Training Procedures. National MLFs train the Provincial LFs

### NSO Contact Information

Mr Jeffrey Lindell  
 Domestic Development Director  
 Water Polo Canada  
[jlindell@waterpolo.ca](mailto:jlindell@waterpolo.ca)  
[www.waterpolo.ca](http://www.waterpolo.ca)  
 613-748-5682

### 3 most innovative features of your program:

1. Facilitation Based – Skill Teaching assisted
2. Opportunities for coaches to develop skills with peer and LF feedback
3. No need to have a water polo technical background



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