



Suite 12-1010 Polytek Court
Gloucester, ON K1J 9H9

tel: (613) 748-5682
fax: (613) 748-5777

16U BOYS NATIONAL TEAM PROGRAM
WEST TRAINING CAMP

Sunday, January 31st - Wednesday, February 3rd, 2010

Fleetwood Recreation Center

CAMP Goal:

Introduction of basic skill sets and philosophy of the Men's National Team program.
Athlete talent identification and selection for U16 National Team summer program.

Fee: \$ 395.00

Athletes not requiring Hotel \$ 275.00.

Registration & Fee deadline is Friday January 8th, 2010.

Complete the attached Registration & Parental Consent Forms and email completed forms to:
BillMeyer@kwottawa.ca or Fax 613-788-7416

You can pay by credit card by using the attached form or make your cheque payable to Water Polo Canada.
Mail, by December 11th to:

Water Polo Canada
1010 Polytek Court, Unit 12,
Gloucester, Ontario, K1J-9H9

Included:

- 14 Hours of Water Polo Instruction
- Certified National Team Program Coaches
- 16U Boys National Team program Camp T-Shirt
- All Breakfasts and Two Dinners
- Hotel Room ,Sunday/Monday/Tuesday (shared accommodation)

Transportation to and from the Camp is the responsibility of the Athlete.

Draft Training Schedule:

Sunday Jan 31 – 8:00-10:00pm
Monday Feb 1st – 2:00-3:30pm
Monday Feb 1st – 8:00-10:00pm
Tuesday Feb 2nd – 11:00am-1:00pm
Tuesday Feb 2nd – 2:00-3:30pm
Wednesday Feb 3rd – 11:00am-1:00pm

Hotel:

Super 8 Surrey
www.super8surrey.com
Tel: 604 576 8888
Fax: 604 576 8884
Toll Free: 1 888 742 8889