



Team Manitoba Water Polo



14U and 12U Program Summer 2018

The Manitoba Water Polo Association is pleased to announce their 14U and 12U Summer Program for 2018! Team Manitoba Water Polo has a mission to developing high performance water polo in Manitoba for athletes ages 20 and under. Our goals are to:

- Have fun,
- Identify and support talent,
- Offer a comprehensive training program,
- Provide high performance competition experience, and
- Develop team spirit that extends beyond home clubs.

Coaching Staff:

Team Manitoba Water Polo is pleased to announce the following Summer 2018 Coaching Staff.



Kelsey Johansen

Head Coach

Team Manitoba



Brenden Pizey-Allen

14U Age Group

Lead Coach

Team Manitoba



Julian Del Campo

12U Age Group

Lead Coach

Team Manitoba

NOTE: Assistant Coaches for the 14U and 12U programs at TBC.

Athlete Eligibility

To be eligible for the Team Manitoba Water Polo Summer 2018 program, male and female athletes must be confident swimming in deep water.

The 14U Team will be comprised of 15 athletes born in 2004 and 2005, however strong athletes with considerable prior playing experience born in 2006 will be considered (space permitting).

The 12U Team will be comprised of 15 athletes born in 2006 and 2007, however strong athletes with prior playing experience born in 2008 will be considered (space permitting).

Athlete Selection

Athletes interested in participating in the Team Manitoba Water Polo Summer 2018 program will be invited to attend an information session from 12 – 1pm followed by team practice from 1 – 2:30pm on Saturday May 12th at Pan Am Pool.

Training Schedule:

Team Manitoba Water Polo will have the following training schedule, effective May 14th – June 24th 2018.

14U Team Manitoba Water Polo

Team Manitoba’s 14U program will practice three (3) times per week, and will have a weekly scrimmage, from May 14th through to June 24th at Pan Am Pool (25 Poseidon Bay, Winnipeg, MB R3M 3E4). Practices will be 1.5 hours in length. Practices will be 2 hours in length, and will include a 30 minute dryland program prior to the 1.5 hour pool session. Scrimmages will occur on Saturday afternoons, for 1.5 hours.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Pan Am Pool		Pan Am Pool	Pan Am Pool		Pan Am Pool	
Dryland 6:00pm		Dryland 7:30pm	Dryland 6:00pm		Scrimmage 3:30 – 5pm	
Pool 6:30 – 8pm		Pool 8 – 9:30pm	Pool 6:30 – 8pm			

12U Team Manitoba Water Polo

Team Manitoba’s 12U program will practice three (3) times per week from May 14th through to June 24th at Cindy Klassen Recreation Centre (999 Sargent Ave, Winnipeg, MB R3E 3K6). Practices will be 1.5 hours in length.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Cindy Klassen Rec Centre			Cindy Klassen Rec Centre		Cindy Klassen Rec Centre	
6pm – 7:30pm			6pm – 7:30pm		12:30pm – 2pm	

Cost:

Total costs for participating in the Team Manitoba Water Polo Summer Program very based on gender (because of bathing suit and swim cap costs) and age group participated in. Per athlete total costs are:

	14U Program	12U Program
Female Athletes	\$1950	\$1750
Male Athletes	\$1900	\$1700

This includes:

Training: \$600 (12U Program); \$800 (14U program)

Uniform: \$100 (male); \$150 (female)

Tournament & Airfare: \$1000

Tournament:

Haba Waba North American (Montreal, QC June 27 – July 1, 2018 @Parc Jean Drapeau)

- Minimum 9 and maximum 12 games will be played over the 4-day period,
- Opening and closing ceremonies,
- Lunch and dinner with teams from across North America,
- Entertainment on pool deck,
- Parties and festivities, and
- Presents, goodie bags, medals, and trophies.

Tournament Accommodations:

Team Manitoba Water Polo is staying at the McGill University Residences. Rooms will be quad occupancy. A full buffet breakfast is included each morning.

Air Travel:

Departing flight: Winnipeg to Montreal

WS 546, WS 3530

Depart: Tue Jun 26, 2018 10:45 AM Winnipeg, MB (YWG)

Arrive: Tue Jun 26, 2018 5:26 PM Montreal, QC (YUL)

Returning flight: Montreal to Winnipeg

WS 3539, WS 535

Depart: Sun Jul 1, 2018 8:00 PM Montreal, QC (YUL)

Arrive: Sun Jul 1, 2018 11:50 PM Winnipeg, MB (YWG)

Questions, Registration and Contact Information:

For program questions, please contact Kelsey Johansen, High Performance Director, Manitoba Water Polo Association (kelseymjohansen@gmail.com).

For payment information, and uniform ordering, please contact Bruce Rose, Executive Director, Manitoba Water Polo Association (manitobawaterpolo01@gmail.com).



Team Manitoba Water Polo

14U and 12U Program
Summer 2018

Registration Form



Athlete Information:

Athlete Name: _____

Date of Birth: _____ Age Group: _____ Gender: _____

Address: _____

Home Number: _____ Cell Number: _____

Parent / Guardian Name(s): _____

Emergency Contact: _____

Allergies / Medical Conditions / Dietary Restrictions: _____

Uniform Ordering:

Team Manitoba Uniforms are mandatory for all athletes; the costs of which are included in program registration fees. Girls' uniforms include 1 Bathing Suit, 2 swim caps, 1 t-shirt and 1 pair of shorts. Boys' uniforms include 1 Bathing Suit, 1 t-shirt and 1 pair of shorts.

T-shirt Size: _____ Shorts Size: _____

Suit Size: _____

Uniform Sizing Options

T-Shirts	XS S M L XL 2XL 3XL 4XL
Shorts	XS S M L XL XXL
Female Suits	European Sizes 20 - 46
Male Suits	European Sizes 20 - 42

Payment Information:

Please note, payment installments are available as follows: May 15th (\$1000) and June 15th (remainder of funds, either \$950, \$900, \$750, or \$700 depending on program and uniform needs).

Payment options:

Cheque payable to Manitoba Water Polo Association

Visa # _____ Expiry (m/y): _____

MasterCard # _____ Expiry: (m/y) _____

FOR OFFICE USE ONLY:

- | | | |
|--|--|--|
| <input type="checkbox"/> Payment Received | <input type="checkbox"/> Entered into WPC Database | <input type="checkbox"/> Travel Authorization Received |
| <input type="checkbox"/> Uniform Ordered | <input type="checkbox"/> Uniform Received | <input type="checkbox"/> Medical Forms Received |
| <input type="checkbox"/> Information Sent to Coach | <input type="checkbox"/> Forms Sent | <input type="checkbox"/> Travel Booked |